



Jackrabbit/Bunny Program Group Helper



The Helper will assist the Group Leader during the activity.

DUTIES AND RESPONSIBILITIES

- Assist the Group Leader with all session activities
- Help to ensure all kids are safe and warm (this could include accompanying kids to the warm-up area if they are cold)

ABILITIES

- Being comfortable outside for 1hr during winter (the temperature cut-off is -25 celsius)
- Being able to move on skis
- Good communication skills with kids
- Patience and enthusiasm

TRAINING

- ✓ **For Bunny groups (ages 4 and 5) You don't need to do any training courses.**
The Cross Country Canada insurance policy doesn't cover for "no coaching responsibility helpers" for skiers under 6 years old.
- ✓ **For Jackrabbit groups (ages 6 to 8), you will need to complete two courses:**
 - Coach Initiation in Sport (1 hour)
 - Introduction to Community Coaching (4 hours)*Both are online courses and fees are refunded by the club.*

TIME COMMITMENT

- Training time before program start
- 1h per week for 12 weeks from December to March

REQUIRED DOCUMENTS

- ✓ **RCMP criminal records check**
- **First aid certificate would be great**

WHY VOLUNTEERING?

- Get your weekly dose of fresh air
- Equipment rental opportunities
- Connect with other people
- Share an activity with your children

READY TO JOIN US?

You will be able to sign up as a volunteer while registering your child.

Volunteering parents will be able to register their kid(s) 2 days prior to the non-volunteering parents, write to us to get access to pre-registration or if you have any questions!

CONTACT

Program Coordinator / jackrabbit@xcskiwhitehorse.ca

